

"EIS" for People Living Independently

INSTRUCTIONS for Evacuation Independence Score

This form is a modification of the version used in settings that have 24-hour staffing! **DO NOT CONFUSE THE TWO VERSIONS!** Because the individual is without staff sometimes, the scoring is more focussed on true independence, with higher scores for areas where assistance is needed.

When doing an EIS evaluation, think about the person on a "typical bad day." This means neither the best or worst performance, but commonly observed behavior or medical status on a "bad day."

I. RISK OF PHYSICAL RESISTANCE Do you have evidence the person might physically resist leaving his home in an emergency? If YES, is it "Mild Resistance," when the person has required strong verbal prompting to leave, or is it "Strong Resistance" where someone had to physically prompt or take him the entire way out?

II. IMPAIRED MOBILITY *If the person wanted to*, could he get himself from his bed to the closest exit door without any physical strength assistance from another person, or does he need the physical strength assistance of someone? If he is able to move himself, can he get there in 90 seconds or less (score=0), or does it take between 1½ and 2 ½ minutes (score=3)? If he needs the physical strength help of someone, is it just part of the way out (score=6) or all of the way out (score=20)?

III. IMPAIRED CONSCIOUSNESS Have there been 6 or more times in the last 3 months when the person is partially or totally unconscious (for example, due to seizures, medications taken before bed, street drugs or alcohol)?

IV. NEED FOR HELP Does this person require help from another person to get out in an emergency, and if so, is the helper always present?

V. RESPONSE TO INSTRUCTIONS Is the person likely to follow instructions in an emergency from a roommate, neighbor or an authority who is a stranger (such as apartment manager, police or fire official)?

VI. WAKING RESPONSE TO ALARM Will the closest alarm wake this person when he is in the "period of deepest sleep," (30 minutes-3 hours after going to sleep)? He only has to be awake to get a YES here; he does not have to get up out of bed or go anywhere.

VII. RESPONSE TO FIRE DRILLS Without any prompt or guidance from others, will the person reliably respond independently in the following areas?

- A. Responds to alarm and evacuates without prompts.
- B. If the closest exit is blocked, will find an alternate exit without prompts. NOTE: If the answer to Part A was "NO," the answer to Part B must also be "NO."
- C. Will stay at the destination until "All Clear" is given.

Add the scores for Parts A, B, and C to give the score for Factor VII.

The person's EIS (Evacuation Independence Score) is the single largest of the seven factor scores. **DO NOT ADD THEM!**

Remember that the information here will be used to identify areas where support and/or training is needed. Take time to do the evaluation, and work with the individual in discussing and observing their knowledge and performance.

"EIS" for People Living Independently

NAME:	CASE #:
ADDRESS:	

I. RISK OF PHYSICAL RESISTANCE

Minimal risk ☐ Score 0	Risk of mild resistance ☐ Score 6	Risk of strong resistance ☐ Score 20
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>>>>>>>Score _____

II. IMPAIRED MOBILITY [Ability to move self if he/she wants to]

Bed to exit door in 90 seconds [No strength help from others] ☐ Score 0	Bed to exit door in 91-120 seconds [No strength help from others] ☐ Score 3	Needs strength help from someone part of the way out ☐ Score 6	Non-mobile or takes more than 2 and ½ minutes to get out. ☐ Score 20
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>>>>>>>Score _____

III. IMPAIRED CONSCIOUSNESS [6 or more episodes in the last 3 months]

No significant risk ☐ Score 0	Partially impaired ☐ Score 6	Totally impaired ☐ Score 20
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>>>>>>>Score _____

IV. NEED FOR HELP

Needs no help ☐ Score 0	Needs help from someone; helper not always present ☐ Score 40
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>>>>>>>Score _____

V. RESPONSE TO INSTRUCTIONS

Usually follows instructions ☐ Score 1	Follows instructions but must be checked on ☐ Score 3
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>>>>>>>Score _____

VI. WAKING RESPONSE TO ALARM [during deepest sleep]

Likely to wake up ☐ Score 0	Not likely to wake up ☐ Score 10
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>>>>>>>Score _____

VII. RESPONSE TO FIRE DRILLS [Without ANY prompts]

A. Responds to alarm and evacuates without prompts	YES ☐ Score 0	NO ☐ Score 8
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NOTE: If answer to Part A was "NO," answer to Part B MUST also be "NO"

B. If closest door blocked, will find alternate exit without prompts	YES ☐ Score 0	NO ☐ Score 4
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C. Will stay at destination until "All Clear" is given	YES ☐ Score 0	NO ☐ Score 6
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>>>>>>>Score _____

ENTER THE SINGLE LARGEST OF THE SEVEN SCORES ABOVE.

EIS = _____

PRINT EVALUATOR NAME AND TITLE:

SIGNATURE:

DATE:

"E-SCORE" for People Living Independently

NAME AND ADDRESS:	MENTAL HEALTH AGENCY:
SCORING BY [PRINT NAME]:	DATE:

[illegible]

VERTICAL DISTANCE SCORE (VDS)

Bedroom exits directly to ground (no stairs) = Score 0.8

Bedroom exit requires more than one step to ground = Score 1.0

Bedroom exit requires two floor changes to ground = Score 1.2

[illegible]

ALARM EFFECTIVENESS SCORE (AES)

Person or roommate would always hear any alarm = Score 5.0

Person or roommate might not hear any alarm = Score 2.0

[illegible][illegible]

CATEGORY RATING [CHECK ONE]:

PROMPT ☐
[Less than or = 1.5]

SLOW ☐
[1.51-5.0]

IMPRACTICAL ☐
[More than 5.0]

YES NO NA

□ □ □

1. HAS A PROTECTION PLAN BEEN DEVELOPED AND HAS THE PERSON BEEN ORIENTED AND INSTRUCTED IN ITS IMPLEMENTATION (INCLUDING ACTUAL PRACTICE)?

2. IF THE EIS IS 20 OR GREATER, HAVE SPECIFIC ARRANGEMENTS BEEN MADE TO ASSURE THAT ASSISTANCE WILL BE GIVEN IN CASE OF EMERGENCY? (At a minimum, there must be a way for notification of the emergency to be given to a responsible person, and for that person/agency to provide immediate response.)

□ □

3. IS THERE EVIDENCE (by participation in a fire drill or response to a spontaneous smoke alarm) THAT THE PERSON IS LIKELY TO EVACUATE IN RESPONSE TO THE SMELL OF SMOKE, SIGHT OF FIRE, OR SMOKE ALARM SIGNAL?

COMMENTS:

FIRE SAFETY

for People Living Independently

PROTECTION PLAN CHECKLIST

NAME AND ADDRESS:	MENTAL HEALTH AGENCY:
EVALUATOR [PRINT NAME]:	DATE:

YES NO NA

PRIMARY AND ALTERNATE EXIT ROUTES

☐	☐	☐
☐	☐	☐
☐	☐	☐

1. ROUTES IDENTIFIED.
2. DESTINATION IDENTIFIED.
3. EXPLAINED AND PRACTICED AT LEAST ONCE.

KNOWLEDGE ABOUT FIRE AND FIRE EMERGENCIES

☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐

1. IF FIRE OR SMOKE ALARM SOUNDS, ONLY EVACUATE!
2. DO NOT TRY TO FIND OR PUT OUT A FIRE!
3. USE THE STAIRS, NOT ELEVATOR
4. WALK FAST, DO NOT RUN. STAY LOW IF THERE IS SMOKE
5. DO NOT STOP FOR PERSONAL BELONGINGS OR CLOTHING
6. IF EXIT IS BLOCKED, CLOSE DOOR, GO TO WINDOW; CALL FOR HELP

PREVENTION PRACTICES

☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐

1. SAFE SMOKING AND DISPOSAL OF BUTTS AND ASHES ARRANGED
2. SAFE KITCHEN AND COOKING PRACTICES EXPLAINED
3. USE AND CARE OF ELECTRICAL APPLIANCES EXPLAINED AND SHOWN
4. FLAMMABLE SUBSTANCES STORAGE PROHIBITED
5. EXIT PATHS CLEAR OF OBSTACLES AT ALL TIMES

ALARM SYSTEM

☐	☐	☐
☐	☐	☐
☐	☐	☐

1. ALARM WORKS AND PERSON IS FAMILIAR WITH SOUND
2. SMOKE DETECTORS PROPERLY PLACED AND FRESH BATTERIES
3. NUISANCE ALARMS AVOIDED BY PROPER DETECTOR PLACEMENT

PREPAREDNESS

☐	☐	☐
☐	☐	☐
☐	☐	☐
☐	☐	☐

1. FLASHLIGHT KEPT BY BEDSIDE
2. ROBE AND SLIPPERS KEPT CLOSE TO BED
3. EMERGENCY KIT WITH PHONE #S, PONCHO, ETC. KEPT BY PRIMARY EXIT
4. WHO (IF ANYONE) IN HOUSE NEEDS PROMPTS OR HELP, AND HOW TO GIVE

WHERE TO GO AND WHAT TO DO ONCE OUTSIDE

☐	☐	☐
☐	☐	☐
☐	☐	☐

1. WHICH NEIGHBORS TO GO TO FOR HELP
2. WHERE PHONES ARE AND HOW TO USE TO CALL FOR HELP
3. HOW TO CALL FIRE DEPARTMENT AND WHAT TO SAY

COMMENTS:

FIRE SAFETY

for People Living Independently

BASIC FIRE SAFETY TRAINING OUTLINE

NAME AND ADDRESS:	MENTAL HEALTH AGENCY:
TRAINING GIVEN BY [PRINT NAME]:	DATE:

EXPLAIN PURPOSE OF TRAINING SESSION

- ☐ HOW TO BE FIRE SAFE IN THE HOME AND LIMIT CHANCES OF A FIRE
- ☐ WHAT TO DO WHEN THERE IS A FIRE OR ALARM SOUNDS

FIRE SAFE COOKING

- ☐ KEEP AREA ON TOP OF AND AROUND STOVE CLEAR
- ☐ NEVER LEAVE KITCHEN WHEN STOVE IS ON
- ☐ TURN OFF BURNER BEFORE REMOVING PAN OR POT
- ☐ SAFE MICROWAVE USE (WHAT NOT TO PUT IN; HOW TO SET TIME; DANGERS OF BURNS)

SAFE USE OF LAUNDRY

- ☐ DO NOT OVERLOAD WASHER (USE SMALL BASKET TO LIMIT LOAD)
- ☐ CLEAN OUT LINT TRAP AFTER EACH DRYER LOAD
- ☐ DO NOT LEAVE DRYER RUNNING WHEN GOING OUT OR SLEEPING
- ☐ CLEAN BEHIND DRYER AND AROUND MACHINES ONCE A WEEK

SAFE SMOKING

- ☐ NO SMOKING IN BED OR ON COUCH
- ☐ USE ONLY "SAFETY" ASHTRAYS
- ☐ EMPTY ASHTRAYS ONLY IN COVERED METAL CAN

BE PREPARED TO EVACUATE

- ☐ KEEP ROBE AND SLIPPERS CLOSE TO BED (NOT CLOSET)
- ☐ HAVE FLASHLIGHT READY BY BED

RESPONSE TO FIRE OR SMOKE

- ☐ DO NOT TRY TO FIND OR PUT OUT FIRE (NO "SMALL" FIRES)
- ☐ EXTINGUISHER ONLY TO FIGHT WAY OUT

PRACTICE THE PLAN

- ☐ SET OFF ALARM TO KNOW WHAT IT SOUNDS LIKE
- ☐ PRACTICE WALKING ESCAPE ROUTE TO THE DESTINATION
- ☐ WHERE TO GO TO CALL FIRE DEPARTMENT OR FOR HELP
- ☐ DO NOT GO BACK IN UNTIL "ALL CLEAR" IS GIVEN

COMMENTS, SPECIAL PROVISIONS, RECOMMENDATIONS FOR FURTHER TRAINING: