



## 2.10 RECREATION - INTEGRATION AND COMMUNITY ACCESS

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LADD provides Home and Community Based Services (HCBS) in the local community. Employees assist people to make sure that the services they receive provide opportunities for **integration and access to the community, choice, individual rights, and independence.**

Employees encourage and assist all people to find recreational opportunities in the community that they will enjoy. Some examples of recreational opportunities include community fairs, craft shows, movies, shopping, restaurants, etc.

Community outings/activities must reflect the desires and choice of the people receiving support services and should be appropriate for both the people involved and the community setting. Any restrictions or modifications to choice must be in the Person-Centered Plan (PCP). Activities should be within the person's budget as well as be meaningful and relate to their PCP. Employees must be sensitive to the environment where the activity will take place in order to be certain the group size is acceptable. For example, in some quieter settings it may not be appropriate for a large group of six people (plus employees) to interact. Employees should not come to work with a personal agenda of activities. Employees will encourage participation in recreational and leisure activities, such as community recreational programs, community activities and activities within the person's home. Employees are to assist and support in every way possible if a person is having trouble or is unable to participate in activities and household chores.

Permission from Management and the legal guardian is required if a person receiving support services is invited to an employee's home prior to the visit. The employee is always required to provide safety and supervision in a healthy environment. Additionally, employees may be involved in activities (i.e. bingo, bowling, swimming, concerts) with the people receiving services as long as the person is also directly involved. Any financial gain or incentive awarded to employees or the person supported during or because of an activity is the property of the person(s) supported. While in the community, employees must never leave any of the people alone in the vehicle or elsewhere for any amount of time, unless specifically outlined otherwise in the PCP.

The Home and Community Based Services (HCBS) Final Rule states; **Integration and access to the community** means that every person supported will have the same chances to be an active and included member of the community as someone without disabilities. The people supported should have opportunities to:

- Find competitive employment working alongside people without disabilities
- Participate in local activities
- Access to services in the community just like people without disabilities.

### Some questions to think about while providing staffing support services



Do you spend time in places where other people living in your community go? (examples: stores, restaurants, bank, house of worship)

☐ Yes

☐ No

Do your service providers support you to do what you want in your community? (examples: go to a gym, visit the library, take a class)

☐ Yes

☐ No

Do you receive services in the same places as people without disabilities?

☐ Yes

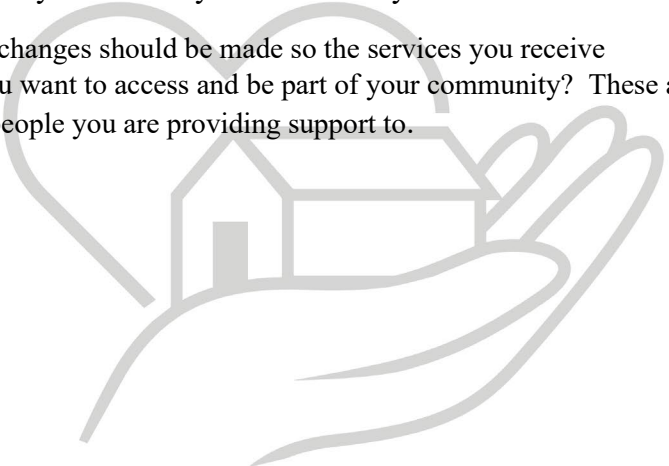
☐ No

Do you get to do as much as you want in your community?

☐ Yes

☐ No

If you answered “no,” what changes should be made so the services you receive provide the opportunities you want to access and be part of your community? These are the same things you should be asking about the people you are providing support to.



# LADD

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